

Daytona Books & Metaphysics

News & Events



If you'd like to conduct a class, workshop, or seminar, let us know. Mannie is always happy to talk to you about space and times available (and rates are reasonable!)

Be creative and share your talents and gifts.

Upcoming Events in Daytona Store

RECURRING EVENTS:

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SPIRITUAL HEALING

BODY - MIND - SPIRIT

Every Thursday from 4:00 PM to 5:00 PM

Meditation with Gretchen, who will help us learn to heal ourselves.

We welcome Gretchen as the new facilitator for this popular and effective group, which will continue to meet on Thursdays.

**Love Offering
(Money not required.)**

**Learn to meditate.
Develop your relationship with the Infinite.
Help create the spiritual current that heals the mind, body, and spirit.**

**Wear white if possible.
Walk-ins welcome.**

SPECIAL EVENTS

MEDITATION RETREAT WITH DEVAYANI THE HEART OF YOGA

**SATURDAY, APRIL 30TH, 2016
10:00 AM to 4:00 PM**

SUGGESTED DONATION: \$50.00 per person

**FOR REGISTRATION OR MORE INFO, CONTACT GIRIJA: Girija@aol or
(845) 649-1394**

Despite progress in technology and medicine, people in today's world continue to suffer greatly from anxiety and depression. The practice of meditation enables one to discover peace within oneself, allowing one to overcome inner turmoil and unlock enormous hidden potential.

The Meditation Retreat provides a powerful atmosphere in which to deepen one's understanding and experience of meditation. The format is designed to give a holistic experience of meditation.

All are welcome. No experience with meditation is necessary.

- **Mantra meditation**
- **Silent meditation**

- **Kirtan**
- **Talks**
- **Breathing exercises.**

"We do not meditate only to relax a little and experience some peace. We meditate to unfold our inner being."

--Baba Muktananda

TWO MEDIUMS WITH SPIRIT
"CONNECTING TWO WORLDS"
Sunday, May 1st, 2016
2:00 PM

Dave and Jonella present one of the most interesting gatherings. This event is totally unique to this couple.

They will connect with your loved ones and friends who have crossed over. They will bring evidence that life continues into the next world. This amazing effort to work with the same spirit uses "double-link," which is a European style of mediumship.

Dave and Jonella trained in the Southern Cassadaga Spiritualist Camp in Cassadaga, Florida, and at the Arthur Findlay College in Essex, United Kingdom.

Attendance does not guarantee a reading.

Sunday, May 1st at 2:00 PM

Fee: \$10.00 per person

<http://www.daveandjonella.com>

PROFILE OF SHANA INKMAN, TAROT READER AT DAYTONA BOOKS AND METAPHYSICS

When asked about how she discovered the power of the Tarot and her intuitive gifts, Shana related a story of an unusual and gifted orchestral composer at an artist colony where she was a writing fellow more than a decade ago, "I'd heard Laura improvising on the grand piano at dinner and she was such a striking person with her long red hair and her music that when she approached *me* I was kind of awestruck." The composer, a psychic herself, gifted Shana the Aleister Crowley Tarot deck and the rest was history: "I found myself reading for anyone who would let me--someone sitting beside me on a plane, new roommates, strangers in coffee shops, and over the years I heard from people about how their paths unfolded and I felt so grateful to have been a part of their journey in some way. It has encouraged me to continue studying and to pursue reading professionally."

Shana has studied the Tarot for eleven years and is always discovering its fascinating overlaps with other metaphysical studies she has undertaken before and since discovering the Tarot. One of Shana's favorite things about reading for a first-timer is how mind-opening and new it feels for both her and the person she's reading for! Shana is so happy to be here in Daytona Beach and at the shop, using her gift and putting down roots with her family. She and her husband are expecting twins in June!

Many of Shana's customers ask to extend the duration of their session, or they return a week or a month later, since her kindness, her openness, and her empowering spirit make people feel they can face obstacles, find love, or use their gifts in new ways. "Love is at the root of everything I do, and people can feel it in the room, whether I'm helping them pick out a gemstone necklace for someone they love or reading their cards. I love it here."

