



Easter Seals of Volusia and Flagler Counties

NEWS FOR IMMEDIATE RELEASE

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Easter Seals sponsors 5K, Family Fitness Walk April 14

(Daytona Beach, Florida) March 28, 2016 -- Registration is open for the Easter Seals 5K/Walk With Me Daytona, which will be **from 5 - 8:30 p.m. Thursday, April 14**, in **Radiology Associates Field at Jackie Robinson Ballpark**, 105 Orange Ave., Daytona Beach.

Walkers, runners and wheelchair athletes of all ages are invited to take part in the 5K walk/run and the Family Fitness Walk.

The 5K is a 3.1-mile chip-timed run or walk on a road course along Beach Street, across the International Speedway Boulevard bridge, and along Atlantic Avenue. All 5K participants will receive a finisher's medal, numbered race bib and event T-shirt. They also can purchase a post-race meal for everyone in their party. The award ceremony will honor the top three finishers, male and female, in each age category. Special recognition will be given to the top finishers in the wheelchair and handcycle divisions.

To register for the 5K, visit www.EasterSeals5K.com. The entry fee through April 13 is \$30; students and seniors pay \$20.

The low-impact Family Fitness Walk around Radiology Associates Field is designed for teams of friends and family members who want to raise awareness and funds for Easter Seals services, which assist children and adults with disabilities. The \$10 registration fee includes an event T-shirt and post-event meal catered by Dustin's Bar-B-Q. There is no fee for children 12 and under. Registration is available at www.walkwithme.org/daytona.

The event will kick off at 5 p.m. with pre-race festivities that include children's activities and raffle drawings. Participants and guests also can meet the Easter Seals honorary ambassadors and visit sponsors. The fitness walk begins at 6:15 p.m., followed by the 5K at 6:30 p.m. The after-race celebration will include music, food and festivities.

About Easter Seals – For more than 60 years, Easter Seals of Volusia and Flagler Counties has provided services to help children and adults with disabilities and/or special needs as well as support to their families. In Volusia and Flagler counties, Easter Seals directly serves more than 11,500 children and adults with disabilities with therapy, education, advocacy, recreation and support services. To connect locally with Easter Seals, advocate or explore resources, call 386-255-4568 or visit www.esvf.org.

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